

**Illness Policy 2024**

TLC family Day care understands that it is difficult for a parent/guardian to leave or miss work; therefore, it is suggested that alternative arrangements be made for occasions when children must remain at home or be picked up due to illness. Exclusion from the Day Care is sometimes necessary either to reduce the transmission of illness or because the Day Care is not able to adequately meet the needs of the child.

For your child's comfort, and to reduce the risk of contagion, we ask that children be picked up within 1.5 hours of notification. Until then, your child will be kept comfortable and will continue to be observed for symptoms.

Mild illnesses are common among children, and infections are often spread before the onset of any symptoms. In these cases, we try to keep the children comfortable throughout the day. Reasons to exclude children include (but are not limited to) the following:

• Illness that prevents the child from participating comfortably in program activities

• Illness that results in a greater need for care than our staff can provide without compromising the health and safety of other children.

• Illness that poses a risk of spread of harmful disease to others

• Severely ill appearance

The director/staff have the right to ask for a doctors note to return for any of the following illnesses but not limited to:

| **Symptoms/Illness** | **Readmission Criteria** |
| --- | --- |
| **COVID19:**  Fever  Cough  Fatigue  Shortness of breath/difficulty breathing | May return fever free for 24hrs AND symptoms have improved. (3-5 days depending on the severity of symptoms) |
| **Fever:** 100 degrees or greater | May not return the following day AND be fever free without fever reducing medications for 24hrs |
| **Pink Eye/Conjunctivitis:**  White of eye appears red or pink accompanied with yellow discharge on the corner of the eyes or in the eye lashes. Eyes may appear puffy and itchy. | May not return the following day AND be on antibiotic drops for 24hours. Eyes should have minimal discharge. |

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| --- | --- |
| **Hand foot mouth disease/Coxsackie:**  Virus that may cause fever, sores on the hands, feed and inside the mouth. Sores can also appear in the diaper area. | No fever for 24hrs without fever reducing medication, no new sore outbreak and sores have dried out. Should be home for 3-5days. Return will be under the discretion of the director and health consultant. |
| **Vomiting:**  With showing signs of not feeling well. | May not return the following day. Then should be 48hrs without vomiting and be back on a normal diet |
| **Diarrhea:**  With showing signs of not feeling well.  3 or more watery loose stools not associated with change in diet | May not return the following day. Then should be  48hours without diarrhea and be back on a normal diet. |
| **Stomach Virus:**  Vomiting and or Diarrhea  Possible fever  Stomach ache  Decrease Appetite  Decrease fluid intake  Cranky/Irritable | See above for Vomiting and diarrhea, Must also be fever free for 24hrs with fever reducing medication. |
| **Influenza/Flu:**  Sudden onset of symptoms:  Fever  Body Aches  Cough  Headache  Fatigue  Sorethroat  Occasionally in children vomiting and diarrhea | If a confirmed case of the flu the child should remain home for at least 5days. When child returns they should be fever free, appetite returned, minimal cough, and able to participate in daily activities |
| **Fifth Disease:**  Possible low grade fever, Red slap-like rash on checks followed by a lace-like rash on the extremities. | Since the child is contagious before the rash is present it is difficult to prevent. Child will be excluded if shows signs of illness and fever |
| **Roseola:**  High fever followed by rash | May not return the following day and be fever free with no fever reducing medications. Once the rash appears, child is no longer contagious. |
| **Cough/Croup/Pneumonia/Bronchitis:** | No fever, cough should be at a minimal, Child should not have difficulty breathing and not in respiratory distress. Return to daycare will be under the discretion of the director, health consultant and primary care provider. |
| **Ringworm:**  circular rash with a scaly border, clearing in the middle | Must be on antibiotic cream for 24hrs. |

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| --- | --- |
| **Molluscum:**  Viral infection that cause small round raised bumps, | If bumps become infected or oozing lesions will need to be kept covered |
| **Head Lice:**  Live lice on the scalp or nits attached to the hair shaft | Child with live lice will be sent home. To remain home the next day for hair treatment. May return when child has had a treatment and no longer has live lice. Parents will be asked to check scalp frequently and remove any nits found in the hair shaft. |

### **TLC Family Day Care - Illness Policy Acknowledgment**

By signing below, I acknowledge that I have read and understand the updated illness policy provided by TLC Family Day Care. I agree to follow the guidelines set forth to help ensure the health and safety of all children in our care.

#### **Parent/Guardian Information**

**Parent/Guardian Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### **Children's Information**

**Child's Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Additional Child's Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Additional Child's Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Additional Child's Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### **Acknowledgment**

**Signature**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you for helping us create a safe and healthy environment for all our families!